Core Bereavement Items (CBI17)

We would like to understand more clearly the special difficulties you may be experiencing following the loss of a close family member. `The person who has died' is denoted in the questionnaire as `x' and depending on their sex will be referred to as `him' or `her'. Please read carefully and tick the box which most indicates how you are currently feeling or responding to the loss.

Tick the box which most accurately reflects the frequency with which you are currently experiencing a particular feeling or behaviour

1) ..... Never **2) ..... A little bit of the time**
3) ..... Quite a bit of the time **4) ..... All of the time**

A. IMAGES AND THOUGHTS

1 Do you experience images of the events surrounding "x's" death? 1 2 3 4
2 Do thoughts of "x" come into your mind whether you wish it or not? 1 2 3 4
3 Do thoughts of "x" make you feel distressed? 1 2 3 4
4 Do you think about "x"? 1 2 3 4
5 Do images of "x" make you feel distressed? 1 2 3 4
6 Do you find yourself preoccupied with images or memories of "x"? 1 2 3 4
7 Do you find yourself thinking of reunion with "x"? 1 2 3 4

B. ACUTE SEPARATION

8 Do you find yourself missing "x"? 1 2 3 4
9 Are you reminded by familiar objects (Photos, Possessions, rooms etc)of "x"? 1 2 3 4
10 Do you find yourself pining for/yearning for "x"? 1 2 3 4
11 Do you find yourself looking for "x" in familiar places? 1 2 3 4
12 Do you feel distress/pain if for any reason you are confronted with the reality that "x" is not present/not coming back? 1 2 3 4

C. GRIEF

13 Do reminders of "x" such as photos, situations, music, places etc cause you to feel longing for "x"? 1 2 3 4
14 Do reminders of "x" such as photos, situations, music, places etc cause you to feel loneliness? 1 2 3 4
15 Do reminders of "x" such as photos, situations, music, places etc cause you to cry about "x"? 1 2 3 4
16 Do reminders of "x" such as photos, situations, music, places etc cause you to feel sadness? 1 2 3 4
17 Do reminders of "x" such as photos, situations, music, places etc cause you to feel loss of enjoyment? 1 2 3 4